

RHYTHMIC GYMNASTICS REGULATIONS

Last update 25-04-2008

1) Organization

- a. The Gymnastics Committee of the 18th Maccabiah will be responsible for the Rhythmic Gymnastics competitions of the 18th Maccabiah.
- b. The Rhythmic Gymnastics competitions will be conducted according to the rules of the International Gymnastics Federation (F.I.G.), according to the new code of points, 2009-2012.
- c. Participation in the competition is open to any athlete who is in possession of a Participant Card, issued by the Organizing Committee of the 18th Maccabiah and registered the Rhythmic Gymnastics competitions.
- d. Each country may enter up to 3 competitors for the individual open competitions and up to 3 competitors for the individual juniors (1994-1996) competitions.

2) Venues and times

- a. The Gymnastics Committee of the 18th Maccabiah will determine the venues and times of the Rhythmic Gymnastics competitions and teams will be notified accordingly.
- b. The Gymnastics Committee is authorized to change the venues and times of the competitions. These decisions will be final.
- c. The competitions will be held in a hall, according to the rules of the International Gymnastics Federation.

3) Program of the competition

The all round competition will include four free exercises:

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| (1) Exercise with corde | 1:15 min. |
| (2) Exercise with hoop | 1:15 min. |
| (3) Exercise with ball | 1:15 min. |
| (4) Exercise with clubs | 1:15 min. |

4) Music

- a. The music can be played by one or more musicians, on one or more instruments, but should not be vocal.
- b. Musical accompaniment can be provided by a pianist or by means of a recording on tape or cassette. In the latter case the following conditions must be followed:
 - One tape (cassette) will be used for each exercise.
 - The recording will be made on one side of the tape and at the beginning of the tape.
 - The name of the gymnast must be clearly written on the tape.
 - A design representing the apparatus used should also be marked on the tape.

5) System of competition

- a. The competitions will be divided into two parts as follows:
 - 1. Competition No. 1 will decide classification in the all round competition, according to the total number of points achieved in the 4 exercises.
 - 2. Participants in the Final will be those 8 (or 6, depending on the number of participants) gymnasts who achieved first through eights (sixth) places in competition no. 1, on the same apparatus, but no more than two gymnasts for each country on one apparatus.

6) Classification

- a. General individual classification will be decided upon according to the results obtained by each gymnast on all the apparatus together, in competition no. 1.
- b. Individual classification on each apparatus will be decided upon according to the results of the Final.

7) Referees

The Gymnastics Committee will select a Judges Committee which in turn will appoint the Judges of the competition.

8) General

- a. These regulations are but one part of the complete 18th Maccabiah Regulations, and must be read along with the instructions found in "Basic Regulations and Disciplinary Procedures".
- b. In the event of a discrepancy between the regulations written here and those appearing in the "Basic Regulations", the regulations written here will apply and be binding.